## 3. Results and discussion

- General description of their reading experience

Table 1
*Number of books and words*

| (*n* = 36) | Number of Words | Number of books |
|---|---|---|
| Average | 15,924 | 23 |
| Max | 51,326 | 42 |
| Min | 10,292 | 14 |
| *SD* | 7,508 | 6 |

## 3. Results and discussion

- The first questionnaire results

Table 2
*The First Questionnaire Result.*

| Item (*n* = 36) | Yes / Positive (5 or 4) | No / Negative (2 or 1) |
|---|---|---|
| Do you like English? | 19% | 47% |
| Do you like Reading? | 19% | 42% |
| Do you like Listening? | 3% | 61% |
| Do you like Speaking? | 11% | 56% |
| Do you like Writing? | 3% | 64% |
| Are you good at English? | 0% | 83% |
| Have you ever read English books other than school textbooks? | 8% | 92% |

## 3. Results and discussion

- The second questionnaire results and the interview

Table 3
*The Second Questionnaire Result.*

| Item (*n* = 36) | Yes / Positive (5 or 4) | No / Negative (2 or 1) |
|---|---|---|
| How I feel about the extensive reading course. | | |
| I read books extensively. | 61% | 11% |
| Extensive reading was interesting. | 56% | 11% |
| Extensive reading was very hard for me. | 75% | 11% |
| The required number of words was too high. | 39% | 42% |
| I would like to read English books even after this course. | 36% | 28% |
| There were many appealing books. | 58% | 6% |
| I felt fulfilled after I finished reading the books. | 72% | 11% |
| I could not concentrate on the books. | 19% | 33% |
| It is a good idea to spend a part of the class time for extensive reading. | 92% | 3% |
| Writing the book reports motivates me. | 31% | 25% |
| The Quizzes in the MReader were too difficult. | 81% | 6% |

## 3. Results and discussion

- The second questionnaire results and the interview

| Item (*n* = 36) | Yes / Positive (5 or 4) | No / Negative (2 or 1) |
|---|---|---|
| Feeling of Improvement | | |
| I feel my general English ability has improved through extensive reading. | 14% | 22% |
| I feel my reading ability has improved through extensive reading. | 47% | 17% |
| I feel my listening ability has improved through extensive reading. | 14% | 36% |
| I feel my speaking ability has improved through extensive reading. | 17% | 33% |
| I feel my writing ability has improved through extensive reading. | 8% | 33% |
| I feel my knowledge of grammar has improved through extensive reading. | 17% | 25% |

## 3. Results and discussion

- The second questionnaire results and the interview

| Item (*n* = 36) | Yes / Positive (5 or 4) | No / Negative (2 or 1) |
|---|---|---|
| The impact of extensive reading on English learning | | |
| I can read faster through extensive reading. | 56% | 14% |
| I find reading English books is not hard because of extensive reading. | 61% | 17% |
| I feel that it is enjoyable to read English books because of extensive reading. | 44% | 25% |
| I learned many words through extensive reading. | 28% | 25% |
| I became accustomed to reading an entire English book. | 78% | 6% |
| Extensive reading helps me understand how to use other English skills. | 25% | 25% |
| I came to like English through extensive reading. | 14% | 39% |

## 3. Results and discussion

- The second questionnaire results and the interview

| Item (*n* = 36) | Yes / Positive (5 or 4) | No / Negative (2 or 1) |
|---|---|---|
| Reading strategy | | |
| I looked up unknown words in a dictionary during extensive reading. | 22% | 61% |
| I keep reading without a dictionary when I read English books. | 61% | 14% |
| I keep reading and skip unknown words. | 86% | 6% |
| I guess the meaning of unknown words from the context. | 78% | 6% |
| I feel uneasy if I do not look up a dictionary immediately for unknown words. | 11% | 64% |
| I do not translate to Japanese while reading in English. | 17% | 56% |
| Japanese translations come to mind immediately when I read in English. | 25% | 33% |
| I reread the part whose meaning I do not understand several times. | 58% | 19% |
| I try to grasp the flow of the whole text when I read English. | 69% | 6% |
| I use the illustrations or pictures as hints to understand the English text. | 94% | 3% |
| I surmise the contents by the title when I read English books. | 64% | 11% |

## 2. Method

**・Material**

-Reading materials

Graded readers from various publishers

library

400 copies ➡ 1,100 copies (mostly under level 5)

120 copies (level 4 and under: Author's office)

## 2. Method

**・Material**

-M-Reader

Free online program

Students: Read, log on, choose the book,
answer the comprehension quizzes, pass,
the number of words is added

Teachers: set the goal, check their progress online

Goal: 10,000 words (14 weeks),

Give bonus points

## 2. Method

**・Material**

-Questionnaire Surveys and interviews

First survey: general experience,
attitude toward English learning

Second survey: review and reflection on their
extensive reading
(based on Takase, 2008)

## 2. Method

**・Procedure**

-Class: The second semester of 2015
Each class was 90 minutes

Week 1
The first questionnaire and orientation
(Extensive reading, Book choice, M-Reader)

Week 2 – Week 14
20 min.: Extensive reading
10 min.: Report session (10 students, in Japanese)

## 2. Method

**・Procedure**

The rest of the class period
Intensive reading, Rapid reading

Outside the class period
Extensive reading, M-Reader quizzes
(Extensive reading, Book choice, M-Reader)

Week 15
The second questionnaire
Check their book report, M-Reader

## 2. Method

**・Data collection**

-The results of the first questionnaire

-The results of the second questionnaire

-The follow-up interview

-A total of 36 data were analyzed
(out of 39 participants)